

Physical Education Course Guide

I. Credit Requirements

Physical Education is compulsory for all overseas students, except those who cannot participate in sports training due to physical conditions.

II. Course Arrangement

1. PE class schedule is from Week 3 to Week 12, ten weeks in total. Students must complete at least 8 weeks of coursework and one assessment to earn the required credits.

2. The following is specific arrangements of projects of PE course. If there is a discrepancy between the timetable and the system, the system information prevails.

3. All unmarked campus projects are conducted at Jiuli Campus. The numbers in parentheses indicate the maximum number of participants.

4. Fitness running arranged from 8:00 to 9:00 on Friday is exclusive to doctoral student.

Class time	Monday	Tuesday	Wednesday	Thursday	Friday
※ 7:00-8:30	Fitness running (200)	Fitness running (200)	Fitness running (300)	Fitness running (300)	Fitness running (300)
※ 8:00-9:30 (1-2 sessions)	Badminton (60) Traditional sports (150) basketball (100) Dance (150)	Volleyball (80) Traditional sports (150) Badminton (60)	Tennis ball (50) Basketball (80) Traditional sports (150)	Badminton (60) Traditional sports (150)	Badminton (60) Traditional sports (100) Fitness running (110 only for PhD in Xipu campus)
※ 9:50-11:30 (3-4 sessions)	Physical Fitness (80)	Physical Fitness (80) Dance sport (150)	Frisbee (100) Tennis ball (50)	Volleyball (80)	

5. The place of each projects is as the follows:

Projects	Place
Fitness running	the track at the athletics field
Badminton	Zhan Tianyou Gymnasium
Volleyball	the outdoor volleyball court
Football	the football field within the athletics field
Dance sport	the outside dance room near the main entrance to the gymnasium
Traditional sports	the left of the athletics field entrance
Dance	the outer steps of Zhan Tianyou Gymnasium
Basketball	Basketball court
Frisbee	the open area at the athletics field

III. Course Selection and Operation Instructions

1. Students need to finish two steps to finish PE selection:

Step one is to select the course in the Graduate Management Information System from Feb. 28th to March 6th ; Step two is to select specific project in *Lejian App* from 9:00 AM on March 9th to 6:00 PM on March 13th .

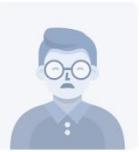
2. The specific operation instructions to *Lejian App* are as the follows:

(1) Install and activate the *Lejian App*

You should search "乐健体育" in the mobile app market,install it and select "New User Activation":

- Choose "Student" as your identity and click "Next";
- Enter your phone number, obtain a verification code, agree to the "User Service Agreement" and "Privacy Policy," then click "Next";
- Select "School"—Southwest Jiaotong University, enter your student ID, name, set a new login password, and click "Activate" to use it normally.
- Since student information comes from the course selection list exported by the Graduate Student Management Information System, if activation fails, please confirm whether you have successfully selected courses in the Graduate Student Management Information System. If you have already selected courses, but the app still prompts activation failure, there may be a system delay. Please try again later.

Please refer to the diagram below for the specific process.

请选择身份  我是学生  我是教师 下一步	新用户激活 手机号 请输入手机号码 验证码 请输入验证码 获取验证码 下一步 ☐ 同意《用户服务协议》与《隐私政策》	请完善信息  选择学校 > 学号 请输入学号 姓名 请输入姓名 新密码 请输入 🔍 8-10位至少包含数字、大写字母、小写字母、特殊符号中的三种 激活
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Reminder: All new students should keep passwords secure to avoid forgetting them. If you forget your password, please use the phone number for activation to receive a verification code for modification. If you need to change that phone number, please contact customer service within the Lejian app for assistance.

(2) Course Selection Process on the Lejian App

First, verify your personal information, such as student ID, name, semester, etc., to ensure accuracy; if there are issues, please contact online customer service. Next, on the app's homepage, select “2025 级体育选课”(2025 Physical Education Course Selection) to start course selection and then follow the prompts. Specific operations can be seen in the diagram below.



Once you enter the course list, you can see information about the instructors for each sports course, the class locations, and the course selection status. During the course selection period, click the "Select Course" button, verify the information, and then click "Confirm Course Selection."

A pop-up will appear saying "Course Selection Successful"; click "I Know" to be redirected to the semester list interface. If the selected courses are displayed for the corresponding semester, it means that the course selection is successful.

If the number of participants for any selected course is full, a message will appear saying "Course Selection Failed"; click "I Know" to re-select other courses.

If you need to modify your course selection results, please click "Modify Course Selection" in the semester list interface during the designated course selection period to re-enter the course list. The system will indicate the courses you have already selected. Click to choose other courses, and after reconfirmation, the modification will be completed.